## Introduction for K-12 School and Educator Audiences

It is my privilege to introduce our speaker today.

Kristen Miller is the founder of With Heart Project, a youth and educator empowerment organization which gives her the incredible opportunity of



speaking to schools and youth conferences all over the country. Kristen also speaks to college audiences and in total has proudly spoken to, trained, and empowered over 1,200 educators and 25,000 students in the United States. She is also the author of two books, her best-seller titled "These Kids Are Driving Me Crazy" and "How Well Do You Really Know Me? Empowering Each Other Through Connection." Kristen also has a TEDx talk titled "Three Well-Intentioned Systems That Breed Disconnection."

Prior to launching her speaking and writing career, Kristen worked at several secondary schools in Northern California as a teacher and assistant principal, as well as multiple Universities as an Adjunct Professor, University Supervisor, and Researcher.

Although she graduated from college with a Civil Engineering degree and Economic degree, she ultimately realized her passion was working with youth. The powerful lessons she learned along the way, including battles with anxiety and depression, are the universal leadership strengths she'll be sharing with us today.

But before we get started, two fun facts about Kristen:

- Kristen is a singer-songwriter and plays the guitar and piano.
- One of Kristen's gigs before dedicating her life and passion to education was performing a set at the prestigious House of Blues in Los Angeles, California.

Please give a warm welcome to our speaker, Kristen Miller!!!