

Kristen Miller Biography



Option #1: Long Biography

(285 words – ideal for websites and programs where you have more space)

Kristen Miller is a trainer, coach, consultant, and motivational speaker with a passion for empowering people to tap into their innate strengths and help them find their internal compass to achieve higher levels of success, motivation, and productivity. To date, Kristen has empowered over 1,200 educators and 25,000 students across the United States, but her path to getting here was anything but straight.

Prior to becoming a sought-after speaker and trainer, Kristen held a career as an engineer for three years before realizing her passion was working with youth. She spent 13 years in traditional education roles teaching predominantly high school mathematics, AVID, and Career Technical Education, and serving as a middle school Vice Principal in Northern California. Seeing a huge need for high quality social and emotional interventions, systems and supports, Kristen created a youth empowerment organization, [With Heart Project](#), to work alongside schools and districts promoting Social-Emotional Learning, Restorative Practices, Trauma-Informed Practices, and Positive Behavioral Interventions and Supports.

In her inaugural year, she partnered with a high-poverty middle school in Northern California to create and implement practices, processes, and procedures to decrease student suspension rates and increase academic achievement. The results were remarkable. Her efforts yielded a [79% growth in Common Core Mathematics achievement, as well as reduction in discipline and attendance infractions, increase in GPA, and increase in math and reading grade levels among at-risk students](#). She's been working with schools, school districts, colleges and Universities ever since to help them achieve similar results.

In addition to her work with students and educators across the country, Kristen has authored two books, is a singer-songwriter with three published albums, and spent multiple years touring in California performing her songs.

Option #2: Short Biography

(110 words – ideal for websites and programs where you have less space)

Kristen Miller is a trainer, coach, consultant, and motivational speaker with a passion for empowering people to tap into their innate strengths and help them find their internal compass to achieve higher levels of success, motivation, and productivity. To date, Kristen has empowered over 1,200 educators and 25,000 students across the United States. Prior to becoming a sought-after speaker and trainer, she held a career as an engineer, teacher, assistant principal and intervention coach for companies and schools in Northern California. Kristen has authored two books, has an engineering degree, is a singer-songwriter with three published albums, and spent multiple years touring in California performing her songs.